

Boys Healthy Living Week: Ideas from across the board!

- Ultimate Frisbee
- Cooperative Games
- Logo and Essay Contest
- Intramurals
- Boys Only Gym Time
- Up Close and Personal with Mother Nature – Outdoor Education
- Father/Son BBQ
- Karate Demo and Lesson
- Lacross/Intramurals
- Floor Hockey Tournament
- Intro to Golf
- Outdoor Survival Adventure Workshop
- Boys Only Gym Time
- Intramurals
- Healthy Cooking Class
- DDR
- Table Tennis
- Weight Room
- Table Tennis
- Skin Care/Hygiene Session
- How to Shave Session
- Esteem Team/Wrestling Session
- Healthy Eating Workshop
- Circuit Races
- Rugby Clinic
- Smoothies
- Basketball
- Baseball
- Soccer
- Smoothies
- Omnikin Ball
- Relay Events
- Volleyball
- Ping Pong
- Lacrosse
- Basketball
- Wrap Up Party
- Outdoor Survival Adventure Workshop
- Steroid Info Session
- Life and Stress
- P.A.R.T.Y
- Intro to Guitar
- Intro to Boxing
- Public Swim
- Snowshoeing
- Transtramar Wetlands Adventure
- Orienteering
- Cross Country Skiing
- Yoga
- Snowman Building Contest