

Boys Healthy Living Week 2011



In February 2011 over 2,000 boys participated in over 100 free active healthy lifestyle school and community events.

A wide variety of events included: Indoor Golf, Father/Son Night, Skating, Swimming, Healthy snacks, TaeKwon Do, Field Hockey, Ultimate Frisbee, Cooking sessions, Circus Tricks, Boot Camps, and presentations from Addiction Services & Public Health.



Boys Healthy Living Week celebrates and highlights for young males the importance of being active and taking charge of their own long-term health.

