

Healthy Fundraising Ideas

Fundraising and the Food & Nutrition Policy for Nova Scotia Public Schools

Highlights

- Fundraising with food & beverages organized by and through schools will centre only on items of Maximum and Moderate Nutrition.
 - Includes all school affiliations such as home & school, school clubs, sports teams, and band.
 - Includes all school fundraising activities (e.g. campaigns, canteens, vending, sales during the day, after school, and evening hours).
- Donations from outside groups
 - Donations must follow the policy - only Maximum and Moderate foods and beverages can be donated to the school and school affiliations.



Healthy Fundraising Ideas for Schools

- Auctions
- Concerts
- Yard Sale
- Change War - Classes compete with each other to raise the most amount of change. The class who raises the most wins a prize.
- Break the Balloon - Fill balloons with slip blank pieces of paper except one that has a prize written on it. People pay to break a balloon to see if they have won
- Healthy Cookbooks
- 50/50 Tickets
- Rubber Duck Races
- Face Painting
- Car Wash
- Board Game Tournaments
- Flower Sale
- Pair with a local theatre to have a Movie Night and all proceeds to your school
- Offer gift wrapping service during the holidays
- Raffle Tickets for an item or service (e.g. The two best seats for a school concert or sporting event; cleaning service for a week)
- Bottle Drive
- Yard Clean Up Service

Successful Fundraisers in our Schools

- BBQ with hamburgers, chicken burgers, water and milk
- Spice sales
- Healthy Pizza with whole wheat crust, low fat cheese, vegetables and lean meats
- Bake sales with low fat muffins & quick breads
- Lean ham dinner
- Baked bean supper
- Apples & Pears from Stirlings
- Christmas tree sales
- Holiday cards & wrapping paper
- Magazines
- Vesey's Fundraising Campaign
- Pin Flashers
- Calendars
- Garbage bag sales
- Light bulbs & shower heads sales
- Grocery bagging at your local grocery store
- Teacher Payback - have a teacher choose several options that s/he is comfortable doing as part of student 'payback' (i.e. shave moustache, dye hair, wear a clown costume, etc.). Students & staff place their vote with money. Whichever activity has the most money is the 'payback' the teacher has to do.
- Spell-a-thon - students secure pledges and receive money for the school for every word spelled correctly.
- Spring Flings or Fall Fairs
- Host a sports camp or tournament
- Student art sales
- One school placed a bucket under a leaking pipe and students used it as a wishing well.
- Cow patty bingo
- Evening of Art event - showcasing the talents of the students
- Penny Sale

For more information about Fundraising and the Food Policy please feel free to contact:

Joy Shears
School Breakfast Manager
661-2497
shearsjd@ccrsb.ca